

A day walking with Jesus

Restore



Psalm 23:

Even though I walk *through* the darkest valley,
I fear no evil;
for you are with me;
your rod and your staff—
they comfort me.

The Bible is littered with stories of restoration. It seems to be one of God's favourite things to do in the lives of humans. From the very beginning of Genesis, God shows that he is willing to restore his people no matter how they may have rebelled.

Adam and Eve; Cain; Noah; Moses; Abraham and Sarah; Lot;
King David & Bathsheba; The nation of Israel, time and time again.

Matthew; Zacchaeus; Prodigal Son & his Older Brother;
Woman caught in adultery; Mary, called Magdalene, from whom seven
demons had gone out;
Simon Peter; Saul/Paul; Philemon; John Mark.

1. Think through the stories of restoration you know.
Take time to read a couple of them.
2. Settle on one that resonates with you:
re-read it; pause over any words that stand out or
capture your attention.
See what it is about the story that resonates with you.
3. Is there some aspect of your life that is in need of restoration?
4. As you walk imagine you are being led by Jesus into a new future.
What do you need to leave behind. (Maybe you could take a stone and
fling it away symbolising any pain or regret that has been weighing you
down.)
5. Look for something that symbolises the new future into which you are
being led.
6. Commit the situation to prayer and resolve to allow God to create a new
future with you.