

Retreat Walk Questions for contemplation and reflection on life.

Is there a question bubbling up for you?

Who may have walked this way before me?

Who are my companions on the way?

Where to from here?

Where am I going?

Do I need to change direction?

When I am lost who can help me find my way again?

From where can I get directions?

How far is it?

Are we there yet?

You can use a phrase to help you...

"I can do all things through Christ who strengthens me."

or simply "Christ strengthens me."